



Nova Scotia
Pharmacy
Regulator

CPR and First Aid FAQ

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When is certification in First Aid and Cardiopulmonary Resuscitation (CPR) required?

Pharmacy practitioners are required to maintain current certification in First Aid and CPR to:

- obtain an NSPR Drug Administration by Injection Permit or Technical Permit as detailed in the [Standards of Practice: Drug Administration](#); and
- undertake testing activities as set out in the [Standards of Practice: Testing](#).

What are the First Aid and CPR requirements to obtain an NSPR Drug Administration by Injection Permit or Technical Permit?

The minimum requirements for First Aid and CPR are set out in Appendix A of the [Standards of Practice: Drug Administration](#) and Appendix B of the [Standards of Practice: Testing](#). It is also recommended to consult your employer in case they have additional certification requirements.

Do I always have to provide confirmation directly from the First Aid and CPR program provider that its program meets the requirements?

In instances where it is unclear whether a program meets the requirements, it is the responsibility of pharmacy practitioners to obtain confirmation directly from the provider that the program meets the NSPR requirements and provide this information to the NSPR.

Can you tell me if a specific course is approved?

The NSPR does not maintain a list of approved providers; however, the following providers are examples of organizations that meet the requirements.

- Braveheart
- Canadian Red Cross
- Canadian Ski Patrol
- Heart and Stroke Foundation
- Lifesaving Society
- St. John Ambulance

Can I take a course that is solely delivered online?

Currently, only programs that have an interactive practical skills component meet the requirements above. (Online programs that do not have an interactive skills component and/or that only require a multiple-choice exam do not meet the requirements.)