

Professional Notice

To: Pharmacy Practitioners
From: The Nova Scotia College of Pharmacists
Date: June 12, 2024
Re: Update: Requirements for Sale of Single Ingredient Ephedrine and Pseudoephedrine.

As a follow-up to the NSCP's [Professional Notice in February 2024](#), please be advised that Health Canada has issued an [Interim Order Concerning the Sale of Certain Natural Health Products Containing Ephedrine or Pseudoephedrine](#) as a single ingredient that will be in effect until May 17, 2025.

What does this interim order mean for pharmacies?

This order means that products containing ephedrine or pseudoephedrine as a **single ingredient**:

- can only be sold in a pharmacy.
- can only be sold to an individual after a pharmacist has determined that the medication is appropriate.
- must be located in an area in the pharmacy where there is no opportunity for self-selection.

Essentially, the conditions for sale are the same as for products that are included as part of schedule 2 of the NAPRA drug schedules.

Does this apply to all products containing these ingredients?

No, this order applies only to products that contain ephedrine or pseudoephedrine as a **single ingredient** or in combination with each other.

How long will this order be in place?

This order will be in place until May 17, 2025

Where can I find more information about this order?

More information about this order can be found in the [explanatory note](#) on the Health Canada Website.