

Professional Notice

To: Pharmacy Practitioners
From: Nova Scotia College of Pharmacists
Date: April 12, 2022
Re: Lyme Disease

With the weather getting warmer, pharmacists are encouraged to refresh their knowledge regarding the prevention of tick-borne diseases, including Lyme disease, and the role pharmacists are authorized to play, by reviewing these resources:

- [Standards of Practice: Prescribing Drugs, Appendix G – Prescribing for a Diagnosis Supported by a Protocol](#)

Note: that pharmacists may only prescribe for the prevention of Lyme disease when an individual is **asymptomatic**. Individuals who are presenting with an erythema migrans rash or other possible symptoms of Lyme disease should **not** be prescribed the single dose chemoprophylaxis.

Individuals with a rash or other symptoms need to be assessed by a physician or nurse practitioner for treatment.

- [Guidance for Primary Care and Emergency Medicine Providers in the Management of Lyme Disease in Nova Scotia](#) (Nova Scotia Infectious Diseases Expert Group)
- [Lyme Disease](#) (Nova Scotia Department of Health and Wellness)

Other resources that may be helpful in responding to patient questions include:

- [Addressing Lyme Disease Misinformation](#) (Nova Scotia Department of Health and Wellness)
- [The Facts About Lyme Disease: What You Need to Know](#) (AMMI)
- [Position Statement on the Diagnosis and Treatment of People Who Have Chronic Symptoms Attributed to Lyme Disease](#) (AMMI)